

Two Day Peer Parent Contact Training

Trainer: Sherokee Ilse (Author of "Empty Arms")

Sponsored by: The Sudden Infant / Child Mourning Outreach Network – (The SIMON Project), Ct. Vt. Building Bright Futures & CVMC Women & Children's Unit

Date: Saturday and Sunday May 15 and 16, 2010
Time: 9:00 AM - 3:30 PM
Location: Central Vermont Medical Center, Berlin, Vermont

SEMINAR LEADER: Sherokee Ilse is an international speaker, writer, trainer and consultant on pregnancy and infant loss. She is the author of "Empty Arms," as well as numerous other books and booklets on perinatal bereavement issues. Sherokee combines her psychology/sociology and education background with her personal experiences to promote wise and compassionate grief support for newly bereaved parents.

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TARGET AUDIENCE: Bereaved parents who have gained perspective, found some healing and who are well enough to reach out and support newly bereaved families who have just experienced a miscarriage, stillbirth or early infant death. Older children can also be included since the content is much the same when supporting parents who have had a child die.

SEMINAR OBJECTIVES: Upon completion of this program, participants will be able to:

- Understand what a Peer Contact's responsibilities are.
- Identify unique aspects of grief surrounding the loss of a baby.
- Learn how to help yourself and others cope.
- Understand the characteristics of a good bereavement support person.
- Learn what to say to a bereaved parent and how to make the first call.
- Identify the signs of complicated grief and how to handle it.
- Know the options for community resources to pass on to bereaved families.
- Understand and practice communication skills necessary to do peer contact work.
- Once trained and deemed ready, participants can be a local Volunteer Peer Contact Support Parent or Companion

FEE: \$25.00 Minimum Donation to The SIMON Project

TRAINING MANUAL: Will be included in the donation for the event.

LUNCH: We will be breaking for a 30 minute lunch break around 12:30pm. In order to be able to provide this training for a minimal fee we are asking participants to please bring your own bag lunch and drinks. The CVMC cafeteria is also available.

REGISTRATION:

Please R.S.V.P. by no later than May 1, 2010

Seating is limited to 30 participants, please register early. To register contact:

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